

## **EXPECTED SHORT TERM** (6-12 Months) OUTPUTS:

- 1. A collaborative network will be built between partnering CHS agencies, local churches and church health facilities, government Health Departments, and Faith Based Organizations.
- 2. National EDEN Coordinator will be networking with Provincial church and government health services and conduct TOT training for provincial CHS Agencies.
- 3. Capacity building and mentoring of current trainers in 2-5 provinces where they have been given some training will continue.
- 4. CHS will encourage all agency health facilities to begin baseline surveys Using MWater Software Program

## **EXPECTED MEDIUM TERM** (12-24 Months) OUTCOMES:

- Trained EDEN Provinces, training teams will be involved in one or more communities to initiate training of community, health committees and volunteers in 40% of church health facilities; in another 3 provinces, 20% of church facilities will be involved.
- 2. Knowledge of diseases prevention will be taught in every household in the target communities
- 3. Provincial governments in in Trained EDEN Provinces will be convinced of the program's impact to the extent they are willing to support it.

- 4. Changes in mindset and lifestyle will be evident in participating communities, through training of local Development Committees, churches, Health Services and other groups that can affect positive action in their own spheres of influence.
- 5. Ongoing lesson material development will provide materials that will be easily understood, transferable, and contextualized for PNG.

## **EXPECTED LONG TERM** (2-5 years) IMPACT:

- By 2020 all Trained EDEN provinces will implement EDEN strategy with 80% of Church health facilities establishing two or more wholistic projects in surrounding communities, and 40% of rural government health facilities establishing one or more projects.
- Spiritual rejuvenation will touch all aspects of life in the project communities, evidenced by absence of family violence or tribal fights, churches in harmony, support of schools and teachers, children healthy and in school, and all families having sources of income.
- 3. Changes in the attitude and morale of Government and Church health workers will be noticed by patients, with increased accountability for those they serve.
- 4. Thriving Community Committees will be able to support their own programs, and take charge of their own health and welfare.
- 5. A 50% reduction in health care budget for medications and supplies will be evidenced in all participating health centres, with funds being available for physical and equipment upgrades.

For further information on the Health Promotions Program, you can contact:

## Health Promotion Coordinator Christian Health Services

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# **Christian Health Services of Papua New Guinea**



#### **Health Promotion Program**

(Prevention is better than Cure)





VISION STATEMENT

To be strategic facilitators of a network of like-minded PNG agencies and health workers who work towards whole and healthy communities living in harmony with God, each other and the environment.

MISSION STATEMENT

EDEN exists to challenge and motivate member organizations to model Christ's example of active compassion to the whole person through a seamless integration of spiritual growth, disease prevention and sustainable community-owned development.

#### **CORE VALUES**

- 1. **Prayer:** Strategic prayer is an essential prerequisite for success in any program
- Christian Unity: Promotion of unity and cooperation between all denominations of Christian churches.
- Dignity: All people have intrinsic value as equally made in the image of God, and therefore deserve opportunity to know Him and to develop with dignity.
- Integration: We emphasize Christian Biblical integral development, integrating the physical, social, spiritual and mental components of the person
- 5. Sustainable Development: Long-term solutions focus on development rather than relief, disease prevention rather than cure, equipping and empowering people to change themselves rather than doing it for them.
- Community Ownership: Programs are owned by the people and built on local initiative, as demonstrated by volunteerism and wise use of local resources.
- Multiplication: Training people to train others using concepts and appropriate technologies that are transferable.

#### **GOAL**

Our primary goal, as representing organizations grounded in Biblical faith, is to facilitate deep-rooted change that fosters compassion, equality and justice in communities and that impacts health and development for generations to come.

#### **OBJECTIVES:**

- Established CHS Health promotion department with personals and with member agencies working cooperatively in order to meet government health plan and development goals using the relevant KRA Strategies.
- Increase interest, ownership and participation in EDEN's Healthy islands – CHE 'strategy will result in partnerships between CHS and Health departments at the provincial level.
- Standard training and materials will be developed based on the concepts of holistic, self – reliance and community ownership.
- Ongoing training and mentorship and Master Trainers will encourage the delivery of quality integrative community Health and development.
- Gather statistical evidence from the holistic programs for recognition by National Division of Health, resulting in sustainable funding.

#### **Background**

The National Health Plan 2011 – 2020 states that the vision for PNG is to be a healthy and prosperous nation that upholds human rights and our Christian and traditional values. Christian Health Services as an arm of the Christian Churches of PNG inherently and historically has been and will continue to be a leader in promoting this ethics.

CHS HealthPromotion plan intersects Key Results Areas 4 – 7, of the National Health Plan 2011 – 2020, specifically at the Key Result Area 7: Promote Healthy Life Styles, objective 7.3 for example, states one of the CHS goals "Increase individuals" and communities" involvement in their own health" The Vision for Health Promotion is stated in the previous 2001 – 2010 National Health Policy on Health promotion "to empower individual and the communities thereby enabling them to control the status of their own health".

This 2001 – 2010 health promotion plan sought to achieve this vision through the principles of wholistic, comprehensive approach, adoption of the Healthy Island Concept, reducing health inequalities, ownership and sustainability, and evidence based program planning. Some of the statements made in the policy strategies of the plan were as follows

Community participation will be integral in health promotion

- All health workers will act as health promoters
- Adequate resources will be allocated to health promotion
- Relationship with communities will be built to health promotion
- Effective communication strategies that reach both rural areas, and are culturally relevant will be implemented.

The current National Health plan 2011 – 2020 also states in Key Result Area 7: Promote Healthy lifestyles four main objectives and strategies:

- Objective 7.3 emphasises on Increase individuals' and communities' involvement in their own health.
- Strategies:
- 7.3.1 Increase the roll-out of the Healthy Islands strategy.
- 7.3.2 Extend the reach of community-based health care, including enhancing village volunteer programs.
- 7.3.3 Implement strategies that empower the community and the individual to take ownership and direction of their health and the health of their families.

#### **Health Promotion Program description**

Christian Health Services had realised that individuals, families and the communities are not been effectively empowered thereby enabling them to control, own and sustain the status of their own health. Therefore, CHS had established Health Promotion Section and rolled out health promotion program using wholistic approach since 2014.

- CHS is Using EDEN Approach
- EDEN is "Effective Development Empowering the Nation."

The four main pillars of EDEN are:

- 1. Wholistic
- 2. Community Ownership
- 3. Development
- 4. Multiplication