

TOK STIA BILONG OLGETA MAMA NA PAPA WANTAIM OL LAIN HUSAIT I SAVE LUKAUTIM PIKININI

Measles em wanem?

- Measles em bikpela sik we measles binatang i save kamapim na i ken raun long wanpela man igo long narapela taim ol i kus na stap klostu long narapela.
- Measles i gat bikpela sans long afectim ol pikinini husait ino save kaikai planti.
- Ol sains bilong dispela sik we bai yu lukim moa em skinhot, skin rash, retpela ai, na kus.
- Measles i ken kamapim bikpela hevi insait long body olsem sik long lung na brain na planti ol lain i ken lusim laif long pneumonia we i save kamap long measles.
- I nogat marasin stret bilong sik measles tasol yu ken abrusim taim yu kisim banis sut.

Rubella em wanem?

- Rubella i sik we rubella binatang i save kamapim na i save raun taim win i karim long wanpela man igo long narapela.
- Rubella i liklik sik we i save kamap long ol pikinini, tasol ol bel mama husait kisim insait long namba wan igo inap 3pela mun, iken givim sik igo long niu bon bebi bilong ol. Dispela i ken mekim bebi lusim laif insait long bel bilong mama o bagarapim iau, ai, lewa, na brain bilong bebi.
- Rubella iken bagarapim bebi insait long bel bilong mama na bebi iken lusim laif tu.
- World Health Organization i givim tok orait pinis long ol kantri long yusim rubella banis sut wantaim measles banis sut.

IMOPTENT TOK STIA LONG TINGIM:

- Measles-rubella Polio banis sut emi SEIF, I SAVE WOK GUT na FRI, na iken strongim bodi longpela taim long sik Measles na Rubella Polio.
- Ol pikinini namel long 6pela mun igo inap 59pela mun mas kisim Measles Rubella banis sut na Vitamin A marasin.
- Ol pikinini namel long 6pela mun igo inap 59pela mun mas kisim Polio banis sut.
- Kisim banis sut buk (immunaiseisen buk) blong pikinini bilong yu taim yu go long kisim banis sut.

- Emi seif long givim sut long pikinini husait i sik.
- Emi orait moa long pikinini long pilim nogut liklik long dispela Measles Rubella banis sut den long go kisim marasin taim behain taim ol i bungim hevi long sik Measles na Rubella.
- Measles emi sik we i ken raun hariap na save kamap long binatang we i save mekim skin hot, skin rash, na kamapim hevi na wokim ol lain lusim laif.

- Rubella emi liklik binatang tasol. Sapos wanpela bel mama husait na kisim banis sut i kisim sik rubella taim em ino abrusim tripla mun, em i ken gat hevi long bel we bebi i ken lusim laif o pikinini bilong em bai gat wanpela sik we ol i save kolim Congenital Rubella Syndrome (CRS).
- Laukautim gut banis sut kad (Immunaiseisen kad) bilong pikinini bilong yu na yu mas kisim wantaim yu igo taim yu laikim pikinini bilong yu long kisim sut.

Karim pikinini bilong yu go long kisim banis sut tete long hausik or helt senta klostu long yu.

Polio em wanem?

- Polio i sik nogut we i save kamap long wanpela binatang we iken save go insait long body go inap long maus taim ol man na meri i i save kaikai bagarap kaikai or dring bagarap wara.
- Polio i save kamap moa long ol pikinini. Planti pikinini husait i kisim polio bai nonap kamap sik tasol ol i ken givim sik igo long narapela.
- Form bilong polio we i bikpela moa em paralytic polio, we pikinini bai hard long wokabaut, ron na iken lusim laif taim em i hard long pulim win gut.
- Polio iken raun hariap tru insait long ol ples we ino klin gut, igat pekpek stap arere, na i gat planti lain pulap.

Wanem em vitamin A?

- Ol pikinini husait i stap namel long 6pela mun igo inap long 59pela mun i save kisim vitamin A marasin we ol i save putim liklik drop long maus.
- Vitamin A em i gat bikpela sans long strongim gut immune system na bai iken halivim bodi long rausim ol sik.
- Em isave halivim long daunim planti sik bilong ol pikinini olsem pekpek wara na sik measles.
- If yu nogat planti Vitamin A insait long bodi bilong yu, yu ken gat ai bagarap, hat long lukluk na bai yu gat moa sans long kisim sik na lusim laif.
- Vitamin A igat bikpela sans long strongim ol bel mama na halivim ol long stap longpela taim.

IMMUNIZATION SAVES LIVES

Banis sut i save seivim laif!



#vaccinatetogether
#kisimbanissutwantaim

#NDOH #WHO #UNICEF #GAVI



Taim yumi wok bung wantaim, bai yumi stap helti na strong wantaim – so salim tok save igo pas long olgeta lain.

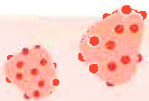
MESSAGES FOR EVERY PARENT/CAREGIVER

What is Measles?



- Measles is a highly infectious disease caused by the measles virus that spreads from person to person through sneezing, coughing, and close personal contact.
- Measles is more severe in children that are malnourished.
- Common signs of the disease are high fever, generalised skin rash, red eyes, cough and runny nose.
- Serious complications include infection of the lungs and brain and pneumonia is the most common cause of death associated with measles.
- There is no specific treatment for measles, but it can be prevented through immunization.

What is Rubella?



- Rubella is caused by rubella virus that spreads from person to person through the air.
- Rubella is normally a mild childhood disease, but women who contract rubella early in pregnancy can pass the virus to their unborn baby and this can lead to foetal death and birth defects of the ears, eyes, heart and brain.
- Rubella can also lead to abortions, stillbirths and miscarriages in pregnant women.
- The World Health Organization recommends that countries use the rubella vaccine in conjunction with the measles vaccine.



Get your child immunized TODAY at a health post or clinic near you!

What is Polio?



- Polio is a dangerous disease caused by a virus that enters the body through the mouth from contaminated food or water.
- Polio is more common in children. Many children who contract polio do not become ill but can spread the infection.
- The most serious form of polio is paralytic polio, where a child cannot walk or run and may lead to death due to respiratory muscle involvement.
- Polio spreads very fast in places with poor hygiene and sanitation, open defecation, and overcrowding.

What is Vitamin A?



- Vitamin A is a supplement given to children 6-59 months of age, administered as drops in the mouth.
- Vitamin A plays a very important role in the immune system and is critical in helping the body resist infection and disease.
- It helps to decrease the severity of many childhood infections, like diarrhoea and measles.
- Vitamin A deficiency can lead to vision problems, permanent loss of sight, and an increased risk of infection and death from infectious diseases.
- Likewise, ensuring adequate vitamin A intake by pregnant women is an essential element of maternal health and survival programs.

IMPORTANT MESSAGES TO REMEMBER

- The measles, rubella and polio vaccines are **SAFE, EFFECTIVE, and FREE** and provide long-term immunity from measles, rubella and polio diseases.
- All children between 6-59 months irrespective of the vaccination status should receive measles, rubella and polio vaccines as well as Vitamin A drops.
- Children between 0-59 months should get the polio vaccine.
- It's safe to immunize a child who is ill.
- It's better for a child to experience a moment of discomfort from minor side effects of the vaccines than to go through the treatment of complications due to measles, rubella and polio.
- Measles is a highly contagious disease caused by a virus, which usually results in a high fever and rash, which can cause complications and lead to death.
- Rubella is a mild viral infection. If an unimmunized pregnant woman gets rubella during her first trimester (first three months of pregnancy), this can cause abortion, stillbirth or a set of serious birth deformities known as Congenital Rubella Syndrome (CRS).
- Keep your child immunization book in good condition and take it with you when you go to immunize your child.

**When we are protected together,
we are healthier and stronger together
– so spread the message to others!**